

## Instructions for a No-Sew Blanket

1. Buy a piece of fleece 1 to 2 yards long.
2. **Trim off the selvages** (the side edges which are not cut) on both sides as these edges are not very attractive, have a different texture, and often have printing on them.
3. Cut **6" x 6"** squares out of each corner, and discard them.
4. Cut **1" x 6"** strips on all four sides. Drawing a line with tailor's chalk or masking tape 6" from each edge makes it easier to know how long to cut the strips. Be sure to use **sharp** scissors or else the cuts will be ragged.
5. Tie an overhand knot (like the first half of tying shoe laces) about **1"** from the blanket on each strip. A knot up against the blanket will cause it to pucker and not lie flat.

NOTE: Because they are so hot, some hospitals have asked us **NOT** to make the two-sided blankets. Singles also save you money; you can make twice as many blankets for the same cost.

There is a helpful video at [www.youtube.com/watch?v=59h8wgDgTRg](http://www.youtube.com/watch?v=59h8wgDgTRg). We strongly recommend watching it.

The figure below is for illustrative purposes only. Although the figure says to make a cut out that is 4" x 4" and to cut 1" x 4" strips, we have found that it makes a more attractive blanket to make **6" x 6" cut outs and 1" x 6" strips**.

